



College of Human Medicine  
MICHIGAN STATE UNIVERSITY



WAYNE STATE  
School of Medicine



WESTERN MICHIGAN UNIVERSITY  
Homer Stryker M.D.  
SCHOOL OF MEDICINE

# MIDOCs

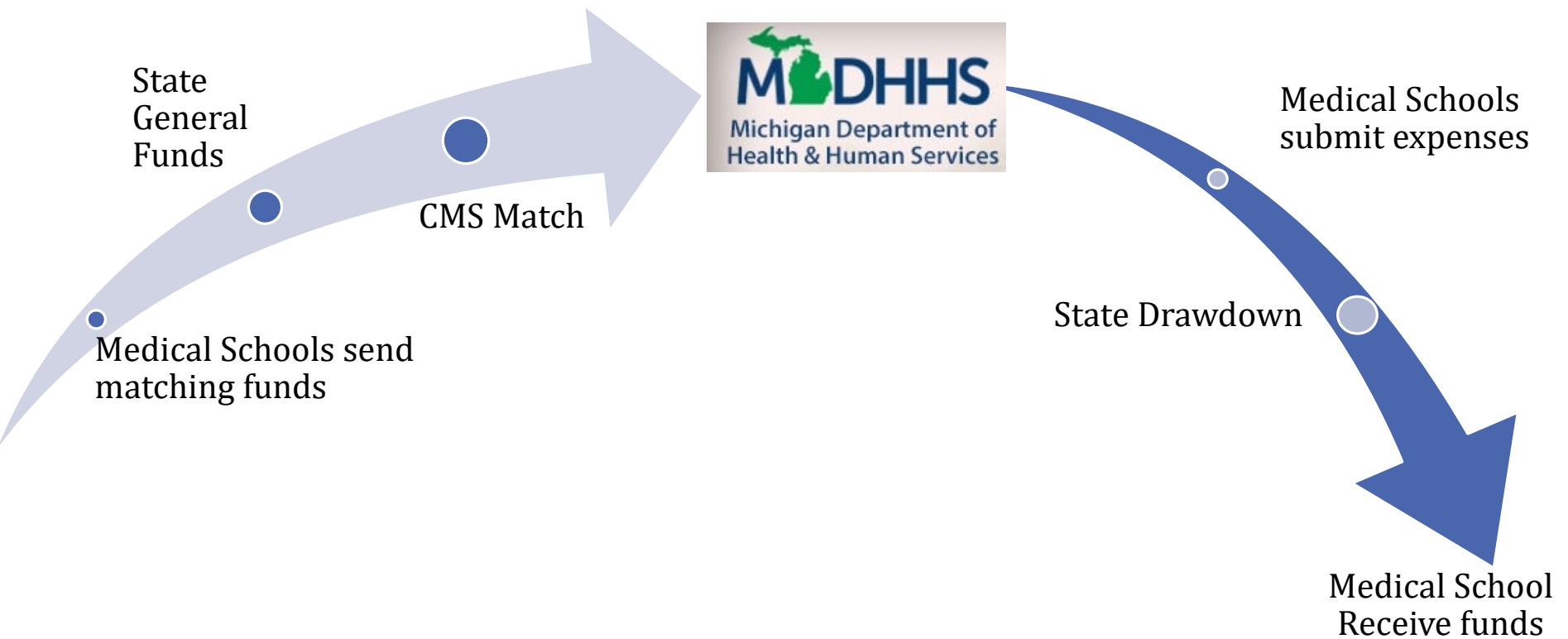
## Physician Training & Retention Program

JANUARY 30, 2023

# History of MIDOCs

- MIDOCs Was Created to Address Michigan's Physician Shortage
- Aging physician workforce, increasing population, Opioid crisis, and the Covid pandemic increased need for mental healthcare
- Medicare regulations capped the number of funded residency slots
- Two options:
  - Recruit physicians from out of state (MSLRP)
  - Grow own by increasing residency slots w/alternative funding
- MI Dept of Community Health subcommittee submitted a proposal calling for MDHHS to work with the Liaison Committee on Medical Education (LCME)-accredited medical schools to create a consortium (MIDOCs).
- MIDOCs would leverage Medicaid innovative project funding to finance new residency slots & retain doctors post-residency.

# MIDOCs Unique Funding Model



# Who is MIDOCs?

A consortium of four Michigan medical schools:



Working with the Michigan Department of Health and Human Services (MDHHS)

To develop MIDOCs -- a program that aims to recruit, train and retain providers with the goal of increasing access to care in rural and urban underserved communities in Michigan.

# MIDOCs Goals & Commitment

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**To achieve these goals, the MIDOCs ...**

- Increased the number of medical residency training slots in primary care and other high-need specialties.
- Included innovative curriculum elements and community-based models w/in the MIDOCs residencies.

**Acceptance of a MIDOCs residency slot includes ...**

- Special training in working with vulnerable populations.
- A two-year commitment to practice in a rural or urban underserved area in Michigan, post-residency.
- Up to \$75,000 for repayment of eligible educational loans.



# MIDOCs History

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- Programs initiated in 2019 with 8 slots
- Has grown to 24 slots/year; now recruiting for our 5<sup>th</sup> cohort
- Project funding (funding doesn't lapse) that provides enough funding for a cohort to complete residency

# MIDOCs Institutions

MIDOCs residencies are available at the following institutions:



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# MIDOCS SPECIALTIES



Psychiatry



Family Medicine



Internal Medicine



Preventive Medicine



Pediatrics



General Surgery



OB/GYN

# MIDOCs Eligibility

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- Be a U.S. citizen (U.S. born or naturalized), U.S. national, or Lawful Permanent Resident
- Agree to forgo any subspecialty fellowship training for at least 2 years post-residency (\*exception for child & adolescent psychiatry fellowship\*)
- Sign an agreement to work in a medically underserved area of Michigan for 2 years post-residency.

# MIDOCs Resident Selection

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- National Resident Matching Program (NRMP) process which opens each fall
- Apply through ERAS
- Medical students are invited to interview in November and December, and ranking takes place in January.
- MIDOCs positions are filled through the Main Residency Match which takes place in March and Resident Contracts are signed by July.
- All MIDOCs residency programs meet ACGME requirements.

**MIDOCs  
RESIDENCIES**  
Total to Date  
(4 cohorts)

**76 residents**

adding another  
24 residents in  
2022-23



Psychiatry - 25



Family Medicine - 27



Internal Medicine - 8



Preventive Medicine - 6



Pediatrics - 5



General Surgery - 3



OB/GYN - 2

# 2023 MIDOCs RESIDENCIES

Cohort 5

24 residents



- Psychiatry – 2
- Family Medicine – 2



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- Psychiatry – 4
- Family Medicine – 2



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- Family Med Underserved Track – 3
- Preventive Med – 2



- Psychiatry – 2
- Family Medicine – 1
- Internal Medicine – 2
- Pediatrics – 2
- General Surgery - 2

# Recruitment

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- Website: **michigandocs.org**
- Use of current interview process
- Utilizing ERAS and Match processes



# Training Sites

## MIDOCs Training Sites

497 views  
Published on July 8

SHARE

Hospitals

▼ All items

Community Clinic

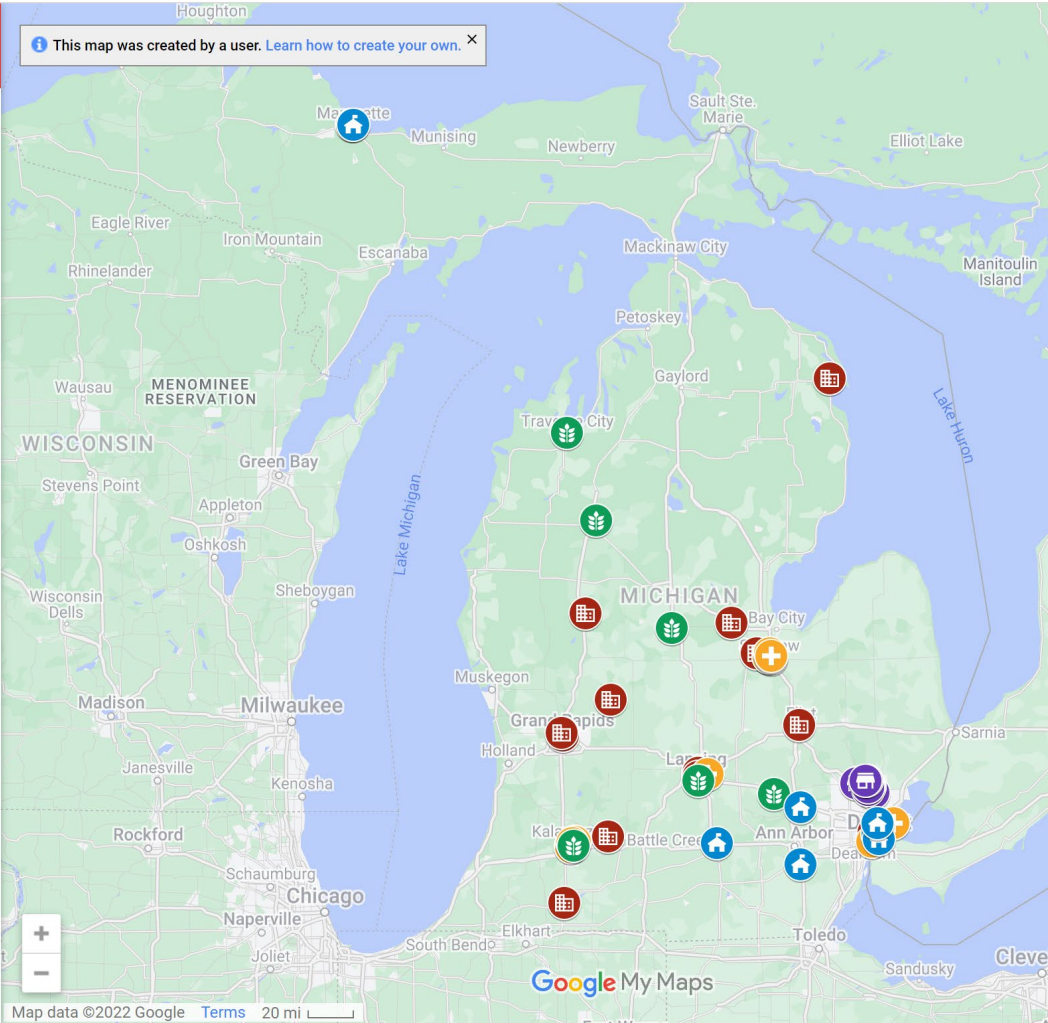
▼ All items

Community Mental Health Agency

- Community Mental Health for Central Michi...
- Kalamazoo Community Mental Health
- Pathways Community Mental Health
- Livingston Community Mental Health
- Clinton Eaton Ingham County Community M...
- Northern Lakes Community Mental Health
- Northern Lakes Community Mental Health

Private Practice

▼ All items



# Results

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## Beginning work in 2022

- Family Medicine - Portage Physicians PC, Portage
- Family Medicine - American Indian Health & Family Services
- Internal Medicine - Lakeland Hospitals,  
Niles and St. Joe





## RESULTS

16 additional  
docs begin  
work in 2023

currently  
interviewing for  
employment



Psychiatry - 3



Family Medicine - 6



Internal Medicine - 3



Preventive Medicine - 2



Pediatrics - 2



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